

# Total Image Consultants Travel Checklist

## PACKING LIST

- Underwear
- Shoes
- Nightgown
- Robe
- Slippers
- Socks/Stockings
- Dressy clothing (if needed (we often overlook this))
- Belts
- Jewelry/Accessories
- Handbags (evening, casual)
- Foldable/Reusable Tote
- Wrap or Sweater
- Hair Brush/Comb
- Hair dryer (if staying at a B&B that doesn't have them)
- Haircare products
- Small manicure set (or at least nail file and clippers)
- Band-aids
- Babywipes (keep them in your carry on)
- Toothbrush & floss
- Deodorant
- Nail Polish for touch ups
- Makeup
- Skincare
- Perfume
- Tampons & Pads
- Vitamins & Prescriptions
- Camera (for those who don't have one in their phone)
- Contact lenses and solution
- Sunglasses
- Sunscreen
- Hat
- Bathing Suit
- Bathing Suit Cover-up
- Gift (if staying with friends)
- Dirty Laundry Bag
- Exercise Clothing
- Sneakers & Socks
- Computer

- Cell Phone Charger
- Nightlight (if staying in a dark hotel!)
- Ear plugs (if staying in a noisy hotel!)
- Small umbrella
- Airline/Train Tickets/Itinerary
- Directions to where you're going
- Passport (remember to check expiration date!)
- Plug adapters if traveling overseas
- Mp3 player
- Books to Read
- Neck Pillow
- Snacks for plane
- Stain remover (I love Dr. Bronner's Peppermint Soap)
- Tea bags (if you have a favorite green tea or herbal that you can't find everywhere)
- Kids' Stuff (not my area of expertise, so you're on your own here)

## THINGS TO DO BEFORE LEAVING

- Lower Heat/AC
- Set security lighting – lights on timers, etc.
- Unplug toaster oven, stereo, computer and TV
- Note to petsitter
- If going for an extended period, turn down the temperature on your water heater
- Consider turning off your water if you are going away for an extended time (or at least water to washing machine & ice maker (if you have one))
- Stop mail/newspaper if necessary
- Be sure a neighbor has a key just in case
- Remember to arm your house alarm if you have one



Compliments of Ginger Burr  
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